

Food Menu

**LUNCH is served
12 – 2 pm**

Our food is a little naughty but always nutritious, comforting, complements our teas and is never ever bland.

If you have any dietary requirements or food allergies please let us know before ordering, we will try our best to accommodate. We only have a little kitchen so we are unable to guarantee any food is totally allergen-free. Please talk to us if you need more ingredients information.

We appreciate your patience during busier times as we freshly prepare your meals in our little kitchen.
Service charge NOT included.

Home-brewed Soup

Our freshly made soup, served with toasted bread and butter £5.00 Substitute the bread for a warm homemade savoury scone and butter for an extra £1.90

Sunshine Salad

£7.00

Fresh leaves, tomatoes, cucumber, strawberries, barrel-aged feta topped with toasted pine nuts and seeds with a honey, balsamic & olive oil dressing. Add sliced chicken breast OR a scone & butter for £1.90

Bagels

Summer Bagel £5.00

Sliced strawberries, cream cheese, mint, toasted seeds, balsamic and honey dressing
Add a side salad and vegetable crisps for £1.90 (allergens: gluten, dairy)

Smoked Salmon Bagel £5.00

Cream cheese, Scottish smoked salmon, toasted seeds, side salad
Add a side salad and vegetable crisps for £1.90 (allergens: gluten, dairy)

Vegetable Pasty

Mushroom, tomato & walnut Slice £5.00 Puff pastry filled with mushrooms, roasted tomatoes, walnuts, miso and lots of secret, yummy herbs & spices..... Yes I am all vegan 😊

Add a side salad and vegetable crisps for £1.90
(allergens: soya, nuts, poppy seeds, gluten)

PLOUGHMAN'S SCONES £5.90

A homemade savoury scone, served warm with butter, slices of mature Cheddar cheese, tomato & pepper relish and fresh apple. Choose your scone from:

Smoked bacon & maple syrup	Stilton & toasted walnuts	Goats cheese & caramelized red onion	Cheddar, cracked black pepper & flaked sea salt	(GF) Butternut squash, spring onion & smoked cheese
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TEA INC. SPECIAL CREAM TEAS served all day

TRADITIONAL CREAM TEA

Homemade sweet scone, fresh Rodda's Cornish clotted cream, with strawberry conserve OR try our blackcurrant & liquorice jam (£3.90). ADD tea or a coffee your choice (from £2.50). Ask about today's sweet scones selection.

Don't have a sweet tooth? Try our SAVOURY CREAM TEA

Homemade savoury scone, cream cheese and chutney £3.80. ADD tea or a coffee of your choice (from £2.50). Please see above for our selection of savoury scones.