

BLACK TEAS – tall, dark, handsome

Assam Single Estate Mangalam SFTGFOP1 £3.20

Prime quality tea from the famed Mangalam gardens. Our Assam Mangalam is a carefully processed tea with large leaves and lots of golden tips. Deliciously malty and rich, it is an absolute highlight in every Assam collection. Great with a dash of milk or on its own.

Assam Single Estate Harmutty STGFOP1 £2.80

A tea with pretty, regular, dark leaf with many golden-brown tips. The taste is full, very balanced, with moderately spicy and malty character. Deep copper colour. Great with milk.

Ceylon Single Estate: Kenilworth OP £2.80 / Decaffeinated Ceylon £2.80

The best-known teas from Sri Lanka (still called Ceylon in tea circles). This region is regarded as the cradle of the finest Ceylon teas. Black pine-needle shaped leaves, full bodied in taste.

Nilgiri Single Estate: Thiashola TGFOP1 (*organic*) £2.80

Single estate black tea from the “Blue Mountains” of South India. Fresh, good bodied tea, lovely copper red liquor with a scent of fresh flowers. It stands up well to the addition of milk.

Darjeeling Single Estate: Ambootia 2nd flush (*organic*) £3.20

“The champagne of teas”, a great Second Flush tea from the renowned Ambootia estate in India. Nicely flowery–grassy with a truly well balanced body. Best drunk on its own.

Tea Inc. House Blend £2.60

Our own mix of black teas from Assam (India) and Ceylon (Sri Lanka), hand blended by us. This classic and robust breakfast blend has a medium strength and goes well with milk.

House Blend Super-Strength £2.80

For the tea drinkers who don't think our Tea Inc. blend is strong enough and are only satisfied with malty, rich notes, we offer this full bodied East Frisian blend, of Assam and Sumatran Tea.

Earl Grey Premium Classic £2.80

Delightfully smooth and aromatic, this is the perfect tea for relaxing in the afternoon.

Lady Grey £2.80

A lighter, fresher version of the famous Earl...Lady Grey is Earl Grey's elegant cousin. Her tea has the same light and delicate taste of bergamot, but with added hints of oranges and lemons.

Earl Grey with Rose Petals // Organic Lavender Earl Grey // Earl Grey with Orange £2.80

Lapsang Souchong £2.80

Chinese Souchong black tea smoked over pine fires. This is the smoky one. Not for the faint hearted but a delight for those with a penchant for zingy woodiness. At its liveliest without milk.

Russian Caravan £2.80

A blend of Assam with a hint of Lapsang Souchong hence the lightly smoky taste. The name originates from the 18th century tea trade where camel caravans were used to transport tea leaves from Asia, through Russia into Europe.

Keemun Luxus Congou - China £3.00

Keemun black tea is one of China's most famous teas, known for their aromatic fragrance, mellow flavor as well as the brilliant red liquor the brewed tea leaves produce. It's a tea that works well with milk, but this can suppress some of the flavours so give it a taste, without and with milk.

Marzipan Tea £2.80

A strong black tea from Ceylon with the beautiful, intense marzipan taste of sweet, crisp roasted almonds...perfect with or without milk and a treat not only for marzipan fans!

Winter Delight £2.80

An exotic blend of ginger, apple, cinnamon and warming oriental spices built on a base of quality black tea. Wonderful with milk and honey.

Chocolate Chip Tea £2.80

Ceylon black tea + dark chocolate chips = you may think you're eating a bag of cookies!

The Ginnel Special Blend £3.00

A blend of Assam and Lemon tea on a base of Earl Grey with Rose Petals to which we added just a dash of Lapsang Souchong. A charming and slightly mysterious blend...a bit like our Ginnel!

Vanilla Classic £2.60

Another dark Ceylon Tea with vanilla pieces to give hint of sweetness.

Fruity Black Teas £2.80 choose from:

Lemon

Passionfruit

Blood Orange & Mango

Wild Cherry & Vanilla

Coconut

Chai Teas – choose from:

**Masala Chai
£3.20**

Full of the flavours of Indian classic spices: cinnamon, cloves, ginger and cardamom on a base of black tea. Add milk & honey to your taste.

Chai “Secrets of India” £2.80

A slightly zesty Chai based on black tea, grapefruit and cinnamon, with cardamom, ginger, pink pepper, cloves, star anise and orange.

**Chilli Chai
Spiced Blend
£2.80**

Robust black tea blended with natural spices and a chilli kicker plus juniper berries to lift this revved up chai.

**Chocolate Chai
£2.80**

Combines our favourite indulgences - chocolate - and the exotic flavours and spices of Indian chai tea. Chocolate flavoured Ceylon black tea blended with cardamom, ginger, cloves and cinnamon.

**Turmeric Chai
£3.20**

Slices of turmeric root mingle in harmony with the other typical spices expected of a chai blend. A few chillies add a slight warmth. A hug in a cup...

Pu’Erh £3.50

This particular brick was pressed in 2006 at Lincang Tea Factory, Yunnan, China. Mellow, slightly nutty, citrus notes and a long lasting sweet finish to nourish your soul. Best served on its own and enjoy its mellow lightness.

OOLONG TEAS – smooth, complex, mysterious

Vietnamese Imperial Oolong £3.40

The word Oolong means “black dragon” and bears an indication of the particular production method. One of Vietnam's gems, these light and buttery oolong pearls unfurl as it brews.

Formosa Oolong Choicest £3.40

Choicest Oolong is a flavorful tea whose bold leaves, with some silvery tips, produce a liquor with notes of dark grapes and hints of honey.

Osmanthus Oolong £3.40

Osmanthus Oolong is a fragrant green oolong infused with osmanthus flowers. It is ideal for tea lovers that prefer a fresh, green oolong quality and refined, floral balance to the brew.

Peach Oolong £3.40

Made with the darker, more oxidized oolongs of Taiwan known for having lush, playful flavors. Deeply floral, honey and juicy, it's a lovely cup that's almost like a succulent slice of peach.

GREEN TEAS – light, bright, beautiful.

China Sencha Green (*organic*) £2.80

Sencha means steamed tea Sen = steam, Cha = tea. Long, grass-green leaves folded lengthwise make a clean cup with notes of freshly steamed edamame, a pleasure for all Sencha enthusiasts!

Jasmine Phoenix Pearls (*rarity*) £3.40

Hand-rolled tea, each pearl is just one leaf and a bud. When added to hot water they unfurl releasing a delicate scent and flavor.

China Jasmine Chung Feng (*organic*) £3.00

Scented with aroma from jasmine blossoms which are added during the drying period and removed later after the leaves have absorbed the jasmine scent. Exclusively reserved for the Imperial Court in former times.

Japan Gyokuro Asahi (*rarity*) £3.40

The highest grade of green tea grown under bamboo shades for 3 weeks. This decreases the bitterness and gives off a noble, strong flavor, with a hint of sweetness. "Gyokuro" translates as "jade dew", referring to the emerald colour of the infusion.

Gunpowder Green £2.80

As the name implies, Gunpowder tea is made up of leaves hand-rolled into tiny pellets. These resemble gunpowder, and give this tea its distinct name. Smooth with a hint of smokiness.

Moroccan Mint £2.80

The famous, classic blend of Gunpowder Green Tea and refreshing Spearmint. Rock the Casbah...

Ginseng Green £2.80

Fresh green tea with the energizing flavor of ginseng. Earthy green aroma, delicate & herby.

Organic Matcha £3.50

Finely milled powder made from the highest quality ceremonial Japanese Gyokuro tea leaves – prepared as tradition requires it, whisked and brought to you in a matcha bowl.

Flowering Tea £3.20 per pearl

Green tea expertly sewn & hand-crafted together - when steeped in hot water they blossom into spectacular flower shapes. Blooming marvelous! Ask us about the choice of flavours available.

WHITE TEAS – delicate, subtle, graceful

China Silver Needle £3.40

Only the budding leaf is plucked for this exquisite quality tea, which is then slowly dried by the sun and in the air. Platinum-coloured liquor with delicate honeysuckle floral sweetness.

White tea with Pomegranate £3.00

Natural, fresh and slightly sweet. Pomegranate fruit is a delightful match for our fine China white tea. Until this day the pomegranate is considered a symbol of immortality and sensibility.

White tea “First Love” with Jasmine and Rose petals £3.00

A special white tea that's lovely to look at and lovely to drink. Rose petals, jasmine flowers and white tea are expertly cast together to create this beautiful smooth & fragrant tea.

White Monkey £3.00

According to legend, this tea was picked by specially trained monkeys (we're not sure about that).

It is also named for the shape of the leaves which are hand-rolled to resemble a white-haired monkey's paw. White Monkey is a very special tea that is a favourite amongst connoisseurs for its light, sweet character and distinctive flavour. An interesting fact about this tea is that although its name, downy white appearance, colour and light taste are entirely of a white tea, it is also referred to as a green tea due its method of processing – lightly steamed and dried. What do you think?!

ROOIBOS, FRUIT and HERBAL INFUSIONS

Pure Rooibos (Red Bush) (*organic, caffeine free*) £2.80

Rooibos also known as redbush tea, grows only in South Africa's magnificent Cape coastal mountains. Naturally caffeine free and low in tannin, rooibos is appreciated for its clear, full-bodied taste and deep amber colour. Ideal throughout the day or before bed.

Exotic Rooibos (*caffeine free*) £2.80

Premium rooibos with shredded coconut, orange and raspberry pieces.

Honeybush (*organic, caffeine free*) £2.60

Another indigenous South African plant similar to rooibos, it produces a bright, red-gold infusion with a sweet taste and aroma of honey. Try on its own or customize your own blend and mix with rooibos, Sencha green tea, vanilla fruits or lemongrass.

Fireside Fruit infusion (*caffeine free*) £2.80

Layers of hibiscus, rosehip, almond, apple, blackcurrants, orange and cinnamon create a fruity tea unfurling with flavour.

Ginger & Lemongrass (*organic, caffeine free*) £2.80

Pieces of ginger blended with lemongrass, liquorice root and spearmint in a zingy herbal blend.

Yerba Mate (*has caffeine!*) £2.60

Argentine Yerba mate is slowly gaining popularity in Europe thanks to its many health benefits. Faint hints of tobacco and grass. Naturally but gentle caffeinated, it will energise you without the side effects coffee gives.

Herbal classics £2.60 – choose from:

Peppermint cut leaves

Spearmint cut leaves

Chamomile flowers

Hibiscus flowers

AYURVEDIC BLENDS

We have delicious blends to make everyday life more beautiful, whether you want to turn a short break into a delightful routine, to rehydrate after exercise or yoga, or to enjoy a relaxing drink before going to bed. These intense, functional combinations are all naturally caffeine free and do not contain any additional flavourings.

“Vata” De-stress £3.00

A refreshing blend helping to enhance your wellbeing – an ideal companion for anyone under stress: cinnamon, cardamom, liquorice root, fennel, ginger & orange peel.

“Pitta” Rest £3.00

A lullaby in a cup. Chamomile flowers mixed with cinnamon, fennel, liquorice root, delicately scented rose petals, coriander, ginger, orange and cardamom...zzzz

“Kapha” Focus £3.00

A cleverly invigorating mix of ginger root, cardamom, coriander, turmeric root, cloves & nutmeg – this blend is guaranteed to put a spring in your step.

YOGA Tea £3.20

Yoga tea is the classic among the Ayurvedic tea varieties. In our blend you will find cinnamon, ginger, nettle leaves, cloves, blackberry leaves, cardamom, white peppercorns. A revitalising warm drink on cold days and pleasant at any time.

REIKI Tea £3.20

Reiki is an ancient spiritual healing method. This sense of wellbeing forms the basis of our newest tea creation! Our well-balanced blend of herbs, fruits and blossoms with its delicate sweetness, thanks to sweet mango and apple pieces, as well as its freshness, thanks to a helping of lemon grass, is a pure experience of nature without any added flavouring.

CHAKRA Tea £3.20

Chakra is Sanskrit for Wheel. Feel the energy flowing from the root to the crown. Ingredients: apple pieces, fennel, China bamboo tea, ginger pieces, orange peel, carrot flakes, cinnamon pieces, blackberry leaves, eucalyptus leaves, black pepper, rose petals, white rosebuds, basil, raspberry leaves, lavender blossoms, marigold blossoms, beetroot.

Don't forget all our teas can be seen, smelt and purchased in loose leaf packs from our shop upstairs (or from our website www.teainc.co.uk)